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Status of Cocurricular Activities of Government Primary Schools of Khuwa District Tripura

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Abstract

The objective of the Study is to find out the status of cocurricular activities of government primary schools of Khawai District Tripura. Descriptive Survey Method was adopted for this study and 90 Government Primary schools of Khawai District of Tripura (age group of Children 6-14 years) were used as sample where self-developed Questionnaire, Interview and Observation Method were used as tools. The data were analyzed in percentage Method and Bar Diagram. The findings of study were 80.1% (72) schools well organized annual co-curricular activities participation programme for students and 19.9% (18) schools organize co-curricular activities just name. It can be seen that 7.5% (7) schools organized Games & Sports, 43.8% (39) schools organized artistic activities, 48.7% (44) schools organized games & sports and Artistic activities and the study also revealed that all students (100%) benefited from participating in co-curricular activities, experiencing positive impacts on their overall development and growth. The suggestion of study is to implement a diverse range of co-curricular activities in government primary schools of Khawai District to cater to different interests and talents, promoting holistic development and student engagement.

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Keywords: Cocurricular activities, Government, Primary school, Khawai District

Introduction

Co-curricular activities play a vital role in the overall development of students in government primary schools. These activities complement the academic curriculum, fostering creativity, critical thinking, and social skills among young learners. In Khuwa District, Tripura, government primary schools recognize the importance of co-curricular activities in shaping well-rounded individuals. Co-curricular activities are essential for students' holistic development, enhancing their academic performance, and preparing them for future challenges. These activities help students develop their interests, talents, and skills, promoting creativity, innovation, and problem-solving abilities. By participating in co-curricular activities, students build confidence, self-esteem, and social skills, which are crucial for their personal and professional growth.

Types of Co-curricular Activities of Government primary schools in Khuwa District, Tripura, offer a range of co-curricular activities, including:

- Sports and Games: Football, cricket, kabaddi, and other indoor and outdoor games.
- Cultural Activities: Music, dance, drama, and art competitions.
- Clubs and Organizations: Science clubs, literary clubs, and eco-clubs.
- Community Service: Tree plantation, cleanliness drives, and social awareness programs. These activities help students develop their interests, talents, and skills, promoting a well-rounded education.

Daley & Leahy (2003) ^[1] Increased Confidence: Co-curricular activities boost students' confidence and self-esteem. Darling, Caldwell, & Smith, (2005) ^[2] Improved Social Skills: Participation in co-curricular activities enhances social skills, including communication and teamwork. Bashir & Hussain, (2012) ^[3] Character Building: Participation in co-curricular activities contributes to character building, including values like teamwork, discipline, and responsibility. Mehmood, Hussain, Khalid, & Azam, (2012) ^[3] Emotional Intelligence: Co-curricular activities help students develop emotional intelligence, leading to better relationships and decision-making. Mehmood, Hussain, Khalid, & Azam, (2012) ^[3] Personality Development: Co-curricular activities play a significant role in personality development, including improved self-awareness and self-confidence. Singh & Mishra (2015) ^[4] Improved Academic Achievement: Co-curricular activities significantly improve students' academic performance. Kariyana, Maphosa, & Mapuranga, (2017) ^[5] Better Time Management: Co-curricular activities help students develop better time management skills, leading to improved academic performance. Nyirinkwaya & Gatera (2019) Logistical Challenges: Schools face logistical challenges in coordinating co-curricular activities, including resource constraints and scheduling conflicts. Siddiky (2019) Opportunities for Growth: Co-curricular activities provide opportunities for students to grow and develop, including exploring new interests and talents. Brown & Smith, (2020) ^[7] Enhanced Problem-Solving Skills: Regular participation in co-curricular activities enhances problem-solving skills, teamwork, and emotional regulation. Uwamahoro & Karegeya (2020) Cultural and Societal Factors: Cultural and societal factors influence the implementation of co-curricular activities, including parental expectations and community values. Nida and et al. (2024) the study confirms that engagement in co-curricular activities significantly boosts academic performance among students, suggesting that such activities should be integral to educational curricula to promote comprehensive student development.

Findings and Discussions

Table 1: Provision of co-curricular activities

Provision of co-curricular activities	Games & Sports	%	Artistic activities (Dance, drama, music, painting, drawing)	%	Both	%
	7	7.5	39	43.8	44	48.7

Table 1 projects that 80.1% (72) schools well organized annual co-curricular activities participation programme for students and 19.9% (18) schools organize co-curricular activities just name. It can be seen that 7.5% (7) schools

Significance of study

The study of co-curricular activities in government primary schools of Khawai District in Tripura holds significant importance for several reasons. Firstly, it helps in understanding the impact of these activities on the overall development of students, including their academic performance, social skills, and emotional well-being. By examining the types of co-curricular activities offered in these schools, researchers can identify the most effective programs that contribute to students' holistic development. Co-curricular activities play a vital role in enhancing student engagement and motivation in learning. By participating in activities such as sports, music, or art, students develop a sense of purpose and interest, which can lead to improved academic performance. Moreover, these activities provide opportunities for students to interact with their peers, fostering social skills, teamwork, and communication. This study of co-curricular activities in government primary schools of Khuwai district can also provide insights into the emotional intelligence and well-being of students. By examining the impact of these activities on students' emotional regulation, self-awareness, and self-esteem, researchers can identify effective strategies to promote students' mental health and well-being.

Delimitation: The study is delimited to 90 Government Primary schools of Khawai District of Tripura (age group of Children 6-14 years).

Objective: The objective of the Study is to find out the status of cocurricular activities of government primary schools of Khawai District Tripura.

Methodology

Descriptive Survey Method was adopted for this study and 90 Government Primary schools of Khawai District of Tripura (age groupof Children 6-14 years) were used as sample where self-developed Questionnaire, Interview and Observation Method were used as tools. The data were analyzed in percentage Method and Bar Diagram.

organized Games & Sports, 43.8% (39) schools organized artistic activities, 48.7% (44) schools organized games & sports and Artistic activities.

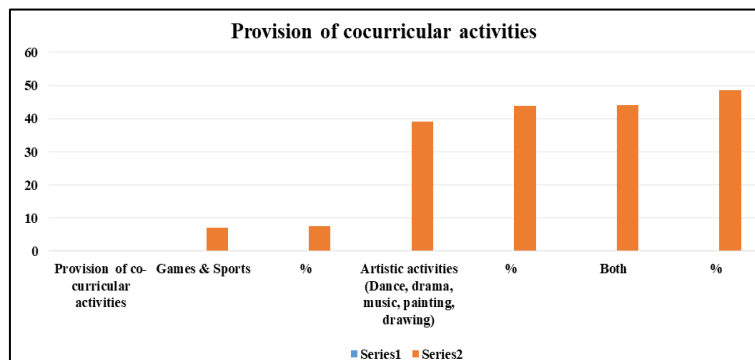


Fig 1: Provision of Cocurricular activities

Table 2: Benefits of Cocurricular Activities

Cocurricular Activities improve	Yes (%)	No (%)
Academic performance	100%	Nil
Social skills, such as communication and teamwork		
Character building, including values like discipline and responsibility		
Emotional intelligence		
Confidence and self-esteem		
Opportunities for leadership development		
Better relationships among students and teachers		
Time management skills		

Table no. 2 showed that all students (100%) benefited from curricular activities.

Implications of study

Positive Implications

- 1. Holistic Development:** Co-curricular activities promote to the overall development of students, enhancing their academic, physical, social, and emotional growth.
- 2. Increased student engagement:** Participation in co-curricular activities can lead to increased student engagement and motivation in learning in their academic field.
- 3. Improved social skills:** Co-curricular activities provide opportunities for students to develop essential social and emotional skills, such as teamwork, communication, leadership, self-management, and control.

Negative Implications

- 1. Limited Resources:** Insufficient funding and resources may limit the scope and quality of co-curricular activities, potentially hindering their effectiveness in them.
- 2. Inequitable Access:** Some students may not have equal access to co-curricular activities, potentially exacerbating existing inequalities.
- 3. Impact on academic performance:** Overemphasis on co-curricular activities may divert attention from academic pursuits, potentially affecting students' academic performance.

Future Implications

- 1. Policy and Planning:** Understanding the status of co-curricular activities can inform policy and planning decisions, ensuring that these activities are integrated effectively into the educational framework.
- 2. Resource Allocation:** Identifying areas of need can help allocate resources more efficiently, supporting the development of high-quality co-curricular activities.
- 3. Student Outcomes:** The status of co-curricular activities can have long-term implications for student outcomes, including their academic achievement, social skills, and emotional well-being.

Suggestions

- 1. Limited Infrastructure:** Many government primary schools in Khawai District lack adequate infrastructure to support co-curricular activities.
- 2. Insufficient Funding:** Co-curricular activities in government primary schools often face funding constraints, limiting their scope and reach.
- 3. Variety of Activities:** Despite challenges, schools offer a range of co-curricular activities, including sports, music, art, and cultural events.

4. Teacher Participation: Many teachers actively participate in co-curricular activities, contributing to their success.

5. Student Enthusiasm: Students in Khawai District show enthusiasm for co-curricular activities, which helps foster their overall development.

6. Community Support: Local communities often support co-curricular activities in government primary schools, providing resources and encouragement.

7. Need for Training: Teachers and staff may require training to effectively manage and support co-curricular activities.

8. Assessment and Evaluation: There is a need for regular assessment and evaluation of co-curricular activities to ensure their effectiveness.

9. Integration with Curriculum: Co-curricular activities can be integrated with the curriculum to enhance student learning and engagement.

10. Potential for Growth: With proper support and resources, co-curricular activities in Khawai District have the potential to grow and positively impact students' lives.

Conclusion

From the above findings, we can conclude that co-curricular activities consistently prove helpful in enhancing the abilities of students and making them strong both physically and mentally. These activities also effectively contribute to improving their lifestyle and teach them manners in both living and interacting with others. Similarly, they impart new virtues during games and interactions with people from different regions and cultures. Co-curricular activities play a significant role in developing teamwork habits, instilling a spirit of cooperation, and fostering harmony and brotherhood among participants. In a nutshell, these activities contribute to the improvement of every aspect of the participants' lives. Educational institutes should actively incorporate co-curricular activities into their regular schedules. This includes both extracurricular and curricular activities, ensuring a balanced approach that enhances students' physical, mental, and social well-being. Co-curricular activities should be seamlessly integrated into the timetable of schools. This ensures that students have regular opportunities to participate in these activities, fostering holistic development. Co-curricular activities should be designed to encourage interactions between students from diverse regions and cultures. This promotes understanding, tolerance, and the acquisition of new virtues through shared experiences.

Educational authorities should regularly monitor the implementation of co-curricular activities to ensure their effectiveness. Additionally, providing necessary support and resources for these activities can further enhance their impact on Students.

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