



The concept of kindness through the saka halo myth: An application of kahoot as education medium

Mohd Firdaus Che Yaacob ^{1*}, Tuan Siti Nurul Suhadah Tuan Adnan ²

¹⁻² Department of Heritage Studies, Faculty of Creative Technology and Heritage, Universiti Malaysia Kelantan, Bachok Campus, Kelantan, Malaysia

* Corresponding Author: **Mohd Firdaus Che Yaacob**

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Abstract

A myth is a story that describes an extraordinary event that has happened in the local community. Every unusual event is communicated orally to strengthen customs and beliefs among the local community. However, stories in the form of myths are less highlighted because the average society today considers them as something illogical and less relevant to maintain. Therefore, this study was carried out to identify and analyze the concept of kindness through the *Saka Halo* myth using the Kahoot application. This study focuses on a mythical story titled *Saka Halo* to examine the concept of kindness. This study uses a qualitative design which is based on library, field and questionnaire methods. In addition, this study took a total of 46 students from local universities as respondents. This study uses the Kahoot application as an effective educational medium. As a result, this study found that mythical stories educate benevolent attitudes among students, which emphasize compassion, consideration, generosity and understanding each other.

Keywords: Kindness, Myth, Kahoot, Students, Education

Introduction

Myth is a form of traditional literature that is considered true and authentic by the local community. This myth is accepted by the local community because it has similarities with the customs that are practiced (Ali Muchsan, 2006). This is because every presentation is able to give strong confidence in the thinking of the community. Therefore, every essence in the mythic story will be used as a lesson and a reminder to build the culture of the local community. This statement is supported by Ruhaiza Abu Bakar *et al.* (2017) ^[8] who define a myth as a story that describes the origin of a place, a person or an event. Mythical stories are often associated with magical elements and strange events that occur in a group of people. In that sequence, the story about the event was spread from one group to another community group. This aims to give identity or self-identity to the first community that spread the story. Therefore, the stories that are spread can be used as myths or history to build the cultural identity of the local community.

The concept of kindness covers moral attitudes or behavior performed by an individual. This is due to a person having the awareness to always maintain civilization and etiquette when socializing with other people (Normaliza Abd Rahim *et al.*, 2016) ^[5]. This awareness involves good actions by caring about every problem that other people go through. Therefore, an individual who has a kind heart will prioritize his conscience in every action. This statement is supported by Nur Yuhanis Mohd. Nasir *et al.* (2016) ^[7] defined kindness as a behavior that is mutual love for each other. This attitude is displayed sincerely by an individual in helping others. This is because an individual has a compassionate nature to help others in need. In that sequence, an individual will form a loving attitude towards each other in addition to being ready to lend a helping hand to help his community.

Literature Review

The study of mythical stories in Malaysia has been done by several scholars in several important aspects. Among them are Fatimah Hassan & Hamid Mohd. Isa (2014) ^[2] who studied Myths and Legends as Tourism Products in Malaysia.

A myth is a story that has the essence of local community beliefs. This study was conducted to identify and discuss myths and legends as tourism products. This study limits as many as three mythical stories which are Gua Puteri, Batu Puteri and Origin of the Name Lenggong obtained in Lenggong Valley, Perak. Therefore, this study uses a qualitative design based on library and field methods. As a result, this study found that mythic and legendary stories are able to improve the tourism industry because they showcase the culture of the community in Malaysia.

Next, another scholar who fights for the mythical story is Maizura Osman & Nor Hashimah Jalaluddin (2018) ^[4] studying the Metaphor of Criticism in the Myth of the Courtship of the Princess of Gunung Ledang. Myth is classified as a form of belief that describes the understanding or identity of a society. This study was conducted to identify and analyze metaphorical criticism in the myth of Peminangan Puteri Gunung Ledang. Therefore, this study is limited to examining a myth entitled Peminangan Puteri Gunung Ledang. This study uses a qualitative design which is based on bibliographic methods and text analysis to obtain strong data. As a result, metaphorical criticism gives awareness to the local community to better appreciate the cultural value in mythical stories.

In addition, another scholar namely Jai Kemalok & Maryati Mohamed (2020) ^[3] in their study entitled The Role of Myths in the Indigenous Peoples of Peta Village, Endau, Mersing, Johor. Mythic stories are a form of presentation that tells about the customs and beliefs of the local community. This study was carried out to identify and discuss the role of myths among the indigenous people of Kampung Peta, Endau, Mersing, Johor. This study is limited to examining the folklore of the natives in Kampung Peta, Endau, Mersing, Johor. Therefore, this study uses a qualitative design that is based on library and field methods to obtain authentic data. As a result, this study proves the role of myths in helping the indigenous community in Kampung Peta, Endau, Mersing, Johor to build a form of harmonious and prosperous life.

In addition, a study entitled Spiritual Elements in Malay Oral Stories by Siti Aishah Jusoh *et al.* (2021) ^[9]. Oral stories are a culture that has aesthetic value in its delivery to the local community. This study was carried out to identify and discuss the spiritual elements in Malay oral stories. Therefore, this study is limited to twelve oral stories contained in the book Collection of 366 Folktales in Malaysia. This study uses a qualitative design that is based on bibliographic methods and text analysis. In line with that, this study uses the Cultural theory proposed by Mana Sikana (2005) as a deductive study. As a result, this study found that oral stories that contain mythical elements are able to educate the morals of community members in a positive direction compared to before.

In conclusion, past studies seem to have explored the mythic stories in Malaysia. However, these past studies emphasize the spiritual aspects, the role of myths, metaphors and tourism rather than the value of kindness. This makes the concept of the value of kindness beginning to be marginalized in Malay literature research. Therefore, this study was carried out to restore the concept of the value of kindness in society today. This is in order to build a peaceful and harmonious society in addition to maintaining Malay culture.

Limitations of the Study

The researcher limited to examine the concept of the value of

kindness in the mythical story titled *Saka Halo*. The mythical story of Saka Halo was obtained through an interview with the comforter Mohd Rawi Jusoh in Kampung Rusa, Bachok, Kelantan. In addition, this study conducted a questionnaire using the Kahoot application to study the concept of the value of kindness in mythical stories. The researcher has taken a total of 46 students from Universiti Malaysia Kelantan, Kelantan, Malaysia as randomly selected respondents. Every data obtained is observed and examined systematically in order to obtain results that are consistent with the main objective of the study.

Research methodology

In terms of methodology, the researcher used a qualitative design based on library, field and questionnaire methods. The bibliographic method involves a process where the researcher examines scientific material as an initial reference. The library method is used to enable the researcher to first understand the concept of mythic and benevolent stories. Scholarly materials are obtained from the Universiti Malaysia Kelantan Library, Kelantan State Public Library, Kelantan State Archives, University Malaysia Terengganu Library, Sultan Zainal Abidin University Library, Terengganu State Public Library and Terengganu State Archives.

Next, the researcher used field methods to collect research data. The researcher collected myth stories in Bachok, Kelantan through interviews with a comforter. The researcher interviewed Mr. Mohd Rawi Jusoh in Kampung Rusa, Bachok, Kelantan. The researcher met Mr Mohd Rawi Jusoh on 5 March 2020 at exactly 9.30am. In addition, the researcher used audio and video recordings to systematically obtain data at the study location.

In addition, the researcher also used the questionnaire method to strengthen the results of the study. The researcher used the Kahoot application as a flexible tool for measuring the understanding of mythical stories. The researcher used 46 students from Universiti Malaysia Kelantan majoring in Islamic Literature as respondents. Through the Kahoot application, the researcher has included as many as ten questions that focus on the value of kindness in Malay myth stories. As a result, students are able to appreciate and understand the concept of kindness in detail in the presentation of mythical stories.

Analysis Study

The researcher will analyze the concept of kindness through the presentation of the *Saka Halo* mythical story in Bachok, Kelantan. The analyzed concept of kindness is compassion and consideration. Therefore, this study will analyze the concept of benevolence in the mythical story of *Saka Halo* towards the perception of the students of Universiti Malaysia Kelantan.

The concept of kindness is a form of behavior that should be done because it includes human qualities in an individual (Fatimah Hassan & Hamid Mohd. Isa, 2014) ^[2]. This allows an individual to try to instill positive traits in himself. Such positive qualities are able to maintain harmony in social life. That streak, envy in the community can be avoided. This statement is supported by Mohd Firdaus Che Yaacob & Normaliza Abd Rahim (2016) ^[6] who define kindness as a form of soul that is pure and filled with positive energy. The positive energy in an individual will spread widely to members of the community. Therefore, every good deed will be given to community members to get the same benefits.

The Concept of Kindness Through Mercy

Mercy is a noble attitude because it includes strong feelings of sympathy for others. Mercy usually exists in a person who thinks positively without being envious of anyone (Maizura Osman & Nor Hashimah Jalaluddin, 2018) ^[4]. This is because an individual is able to offer help without being asked by anyone. This nature of mercy is motivated by a strong feeling of sympathy born in an individual. This statement is supported by Jai Kemalok & Maryati Mohamed (2020) ^[3] who describes mercy as a form of action by someone who lends help to others. This is because an individual is unable to bear or see the hardships of others. The string, an individual who has the nature of mercy will try to always help others no matter what the situation.

This mercy can be seen in the title of the story *Saka Halo*. This attitude is clearly detailed as in the quote below:

Quote 1

In less than a second, Mak Enon had reached the house of Dahlia, Dollah's wife. Then do the right thing. Mak Enon prepared hot water and some herbal wood for the birth process. Then, Mak Enon helped the increasingly weak Dahlia to give birth.

(Mohd Rawi Jusoh, 2020)

Based on excerpt 1, the merciful attitude can be seen in Mak Enon's character. Mak Enon is a midwife in a village. However, there are a few villagers who do not like Mak Enon. This is because they think Mak Enon has a perennial. But Mak Enon still helps women who want to give birth regardless of the views of those around them. The events in the above passage prove that Mak Enon still helps Dahlia in providing hot water and herbs during the birthing process. According to Jai Kemalok & Maryati Mohamed (2020) ^[3] mercy is a form of sharing sympathy from one individual to another. This attitude requires voluntary action in helping others. This is because this trait demands sincerity in every action taken. Therefore, individuals who have feelings of compassion are human beings who are strong in spirit and body to overcome every challenge that comes their way. The string, each guess is considered a life test that is present to test the sincerity of the individual's heart.

The Concept of Kindness Through Consideration

Consideration is a feeling of sympathy that includes rational thinking in making decisions. This is because an individual is able to act fairly even if his heart is filled with high feelings of sympathy (Mohd Firdaus Che Yaacob & Normaliza Abd Rahim, 2016) ^[5]. An individual will try to lighten the burden of life faced by members of the community in a fair and equitable manner. Therefore, individuals with this type of character are able to manage community organizations well. This statement is supported by Normaliza Abd Rahim *et al.* (2016) ^[5] who defined thoughtfulness as a behavior done to show the courtesy of the Malay community. This is due to a person trying to maintain the harmony and well-being of the local community. Because of this, an individual strives to understand and take care of other people's sensitivity in whatever action is taken.

A thoughtful attitude can be seen in the title of the *Saka Halo* story. This attitude is clearly explained as in the quote below:

Quote 2

The story spread among the villagers about Mak Enon.

Although Mak Enon defends saka halo as said, there are still people who still use Mak Enon's services as village midwives.

(Mohd Rawi Jusoh, 2020)

Based on the quote above, a thoughtful attitude is clearly reflected through the character of the villagers. This is due to the actions of the villagers not to magnify the problem of Mak Enon who has a perennial. The villagers still live their lives as usual and still treat Mak Enon. The people of the village are seen to still be considerate by allowing Mak Enon to live in the village. This attitude has restored the harmony of the village.

According to Normaliza Abd Rahim *et al.* (2016) ^[5] considerate attitude is a form of politeness displayed in an individual. This causes an individual to try to lighten the burden of life faced by the people around him. The actions of the individuals involved are able to provide social justice to the people they help. The local community is able to create a harmonious relationship among themselves.

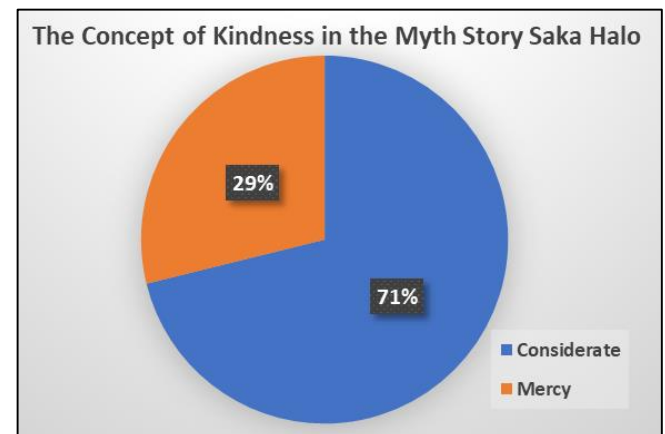


Fig 1: The Concept of Kindness in the Mythical Story of Saka Halo

Based on figure 1, this study found that the mythical story of Saka Halo has elements of the concept of benevolence which is explained through its characters. Through observation of the Kahoot application, the researcher found that 71% of students chose the concept of kindness through a thoughtful attitude compared to an attitude of mercy which was as much as 29%. This is because the characters in the mythical story make a lot of reasonable judgments. Every consideration often prioritizes the benefits or interests of the community. The actions and words of characters in mythical stories play an important role in students' understanding. In addition, the appropriate use of music and visuals in the Kahoot application to some extent gives a deep understanding and appreciation to the students at Universiti Malaysia Kelantan. As a result, a thoughtful attitude is able to educate students to emphasize more benevolent behavior in themselves.

Conclusion

Overall, this study is able to clarify the concept of kindness in mythical stories. This is because the concept of kindness is able to highlight the subtlety of an individual's manners in the aspect of social interaction. Indirectly, the concept of kindness has taught university students in particular to have a noble personality and care about social relationships. Therefore, mythical stories should be strengthened in

students from a young age. This is able to form leadership personalities among students to administer the country in the future while maintaining the heritage treasures of the Malay community.

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