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The role of guidance and counselling services on human behaviour in the society

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Abstract

The work centered on the role of guidance and counseling services on expected behavior of people in the society. The objective was to determine the level to which guidance and counseling improve the productive social practice and behavior of people in Nigeria. The study adopted by the researcher relied on secondary sources and descriptive analysis.

It was found in the study that guidance and counseling approach had a significant effect on the social practice and display of productive behavior in our society. Professional

counseling information can assist individuals plan and take meaningful decisions that will help the society achieve effective, efficient leadership, which are crucial in developing countries like Nigeria.

The researcher recommended that, guidance and counseling services should be made available for all levels of learning the general public and should be adopted by government at all level, as a positive approach of fighting corruption, truancy and other antisocial behavior of peoples in our society.

Keywords: Role, Guidance and Counseling Services Expected Behaviour, Human, and Society

Introduction

It is on growing record that guidance and counseling services is a key approach for people to attain their aims and objectives, as well as identifying their potentials in the process of life.

The concept of guidance and counseling services are important for the productive growth of individuals and societal development, sociopolitical achievement and the development relies on the professional counseling services offered to individuals as essential element of every developing countries of the world. Guidance and counseling services can help in supporting the parents to solve issues that could affect the behavior of children that are expected to be productive in life. Realistically, the modern technology and other social devices and its consequences make the necessity of guidance and counseling services unavoidable in the society.

Conceptual clarification

Guidance and counseling services was designed approach for professional functions, intended to help people in the journey of their lives for making better choices in managing their respective careers activities.

Guidance and counseling services were originally developed in ancient Greece and Rome with the philosophical teaching of Plato and Aristotle. Other evidences and facts suggested that, guidance and counseling and its frame work in modern-days were practiced by catholic reverends in the middle ages. Guidance and counseling became popular with the development of education as a formal discipline in the United State of America. Schimmed (2008)

Historically, the first school counselors in the United State became known in the late 1800s, exactly during industrial Revolution period. Jesse B. Davis was considered the first vocational guidance counselor in the United States. In 1907 he implemented and practice systematic guidance programme in the school for effective and efficient training and counseling development, for character modification.

According to Frank Parson (1908) Davis was regarded as the father of vocational guidance, who established the Bureau of vocational guidance to help the youth and the clients to change from school to work in the society.

In 1937, the movement of National Association for college Administration counseling came into existence with and objectives of personal, social and moral development. The development of guidance and counseling in Nigeria began to increase and expand the enrollment of youths in primary and post primary institution, after 1960 independence period. Repeated with changes in educational system and its effects on Nigeria youth and their unproductive behavior in the higher institution, changes in home and family life (FRN, 2014) brought or necessitated the adoption of Guidance and Counseling in Nigeria.

Omoniyi (2016) opined that the organized and formal guidance and counseling service started in 1959 at St. Theresa College Oke Ado Ibadan by respected groups of religion leaders, with a perception of the needs for proper guidance in jobs selecting.

In 1981, the Federal Government of Nigeria acknowledged the needs for guidance and counseling services. The two concepts of guidance and counseling were implemented by the National policy of Education, to provide the possibility to establish the counseling department in Universities as well as in the Ministries (NDAs) of Education.

Guidance and counseling services is indispensable in the management of every organizational resources. A professional service that is generally and strategically applied, for behavior modification and the activities of human, in accordance with the relationship between the counselor and the counselee.

The absence of Guidance and counseling creates complexities in every organization, for making unproductive and uninformed decision that could be used for effective and efficient growth and development of every society. Guidance and counseling services, is the services that provides foundation for individual to understand their interest challenges and their abilities for personal, family and environmental (social) political psychological planning, that could be applied in the working environment of our society. This is became imperative that, effective implementation of guidance and counseling by every organization, creates relevant in the productive sector of our society.

To make right decision, the key approach is centered on character modification, and that's a fundamental methodology and determinant of guidance and counseling principles/services. Guidance and counseling services produce advice and strategies used in every organization, for various reasons like family stability management of resources, accurate and effective decision making, social, political relationship, fighting corruption. Guidance and counseling promotes effective strategic planning and programming, social preparation of individuals, for gaining acceptance in to the society.

The role of guidance and counseling on the human behaviour in Nigeria

There is no doubt that guidance and counseling in Nigeria is surreptitiously infiltrated with unqualified counselors. The needful must be put in place, by the regulatory bodies to redeem the professionalism, in discharging guidance and counseling services, more effectively. The relevance and importance of guidance and counseling in Nigeria, cannot be over emphasized.

The fact cannot be put aside the important of guidance and counseling in behaviour modification and sustenance of human positive altitude in the society, is a huge asset to the world. It is highly important to note that professional counselor has the important and relevant responsibilities and standard duty to play in behaviour reformation, rehabilitation in the society.

This singular role cannot be effectively carried out independently, without collaboration with the government statutory bodies. The implication is that, if government is not involved to work collectively with the counseling bodies that will bring statutory regulations that will generate inefficiency in human character and unproductive attitude in the society. The benefit of guidance and counseling cannot be achieved without active concepts of the counseling bodies and the statutory organization of government. The welfare of the professional counselor should be prioritized substantially,

because of their service peculiarities in Nigeria.

Furthermore, the advice of the ministry of education, in encouraging guidance and counseling services, should be given due relevance, adequate consideration, and implementation strategies, to enable mass introduction of guidance and counseling in various agencies in Nigeria.

The view and input from different units of guidance and counseling institution, can be effectively used to check the activities of the general counseling services and its influence on human behaviour in the society.

The counselor has the professional power to provide face-face, over telephone counseling on line. The guidance and counseling have power to work effectively with individuals, families or groups in modifying deviant behavior that can pollute the productive abilities of individuals in the society. The counseling statutory bodies have the power to determine the constitutionality of non-professional as illegal, most especially if their actions, discharge of duties, violate the provisions of the law that established guidance and counseling services in Nigeria.

The power/role of a counselor especially the qualified professionals, help in keeping confidential records, as a strategic approach in human resources management modification.

The counseling services involves, building a relationship of respect and confidentiality with the counselee. The role of listening to the counselee problems, having empathy, allowing them to see things clearly to the best of their knowledge and to take decision on their own in a different ways.

Guidance and counseling role, provide help to all staff, provision of assistance to all classes of personnel to choose appropriate discipline of their choice, in accordance to their respective potentials, for effective discharge of positive behaviour and service productivity in the country.

The Guidance and Counseling professional administer all counseling activities and ensure critical assessment on information provided, as a control system within the circle.

Guidance counselor convey specialized information channel, between the group of counselee as well as the trained counselor.

Guidance and counseling control and develop service framework and ensure adequate compliance to ethics, standard and make provision of professional knowledge to the public.

The guidance counselor collaborates intentionally with other professional like social workers, Psychologists, Doctors, welfare specialist, correctional expert to develop and implement various activities and render supportive devices to all services provided.

Guidance counselors participate in different session of counseling service as required by law, to ensure behaviour modification strategies, in ensuring growth and development of human discipline in Nigeria. Guidance counselor help counselee with all emotional prerequisite or conditions and develop various counseling and action strategies, for human behaviour reformation or adjustment procedures.

The challenges of guidance and counselling services on human behaviour in the Society

This paper discloses some of the major challenges facing guidance and counseling services in Nigeria.

1. Non-Professional in guidance and counseling services. There are many people without the requisite knowledge of guidance and counseling that hinder effective display of professionalism in the institution
2. Lack of funds. In considering effective discharge of

guidance and counseling services, finance cannot be overlooked, funds for clear innovation have not been provided and that resulted to in-efficient services (Alhaji Thomas 2020)

3. **Unacceptability:** Parents and children inadequate knowledge of particular details about counselors and their programmes to freely seek for guidance and counseling services when necessary, became a problem. Parent believe guidance and counseling is an invasion of their privacy and a taboo in different communities
4. **Behavioural altitude of a counselors:** They constitute a greet challenges in carrying out their duties, some are not fully committed to the profession. Makinde, cited in Omoniyi (2016).
5. **Role conflict:** The role of counselors are not clearly defined in almost every organization. Lack of such clarity led to some unpleasant experiences.
6. Lack of storage facilities (Data Bank) units for effective coordination of guidance and counseling activities, lack of non-supportive by the employers for counselors extensive research studies, non-compliance and negligent attitudes of the government, toward the existence of counseling service and its programmes, lack of assessment materials, poor physical facilities, inadequate communication systems, and lack of statutory power and responsibilities to influence immediate changes in legislative decision, concerning guidance and counseling services, this are all hindrances for effective and efficient guidance and counseling duties, as well as desirable counseling programmes in Nigeria.

Conclusion

Inline with the finding that guidance and counseling had adequate and positive effects on human behaviour in the society; it is imperative that guidance and counseling services is unavoidable in over all activities of human behaviour in every organization; with proper introduction of guidance and counseling in all establishment, developmental plans and strategic decisions are put in place for socio economic, political, as well as productive growth and development of the society is achieved. Guidance and Counseling Services contribute largely to the positive behavioural activities of the personnel's in an organization.

Recommendation

The researcher recommends among other things that:-

1. Recommended that guidance and counseling should be introduced by government in all learning institutions, government agencies and departments.
2. Government should give more power to the statutory bodies, to influence changes in legislative decision, with particular reference to guidance and counseling in Nigeria.
3. A proactive monitoring units be put in place, to identify non-professional counselors.
4. Four (4%) of National/State budget, should be used for guidance and counseling, through NOAN for public awareness and advocacy on its importance.

Contribution to knowledge

The research work has contributed to knowledge despite that, there were other related studies done in this area, but the variables are not the same and the methodology employed for the studies. This work exposes the relevant, productive measures efficiency, effectiveness of it kinds on the activities of human behavior, in our society.

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