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# **Palindromes in Tamil literature**

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## Abstract

Palindrome is one of the decorative aspect of the poetry. This is a creative and aesthetic talent of a poet. Tamil is the only Language which has poetry in Palindromic pattern in the yearly 7<sup>th</sup> Century. Word Palindrome, Line Palindrome, Hymn Palindrome, Number Palindrome are some of the varieties of Palindrmes. Hymn Palindrome in Tamil is called as "Maalai Maatru". Thirugnana Sambandhar a poet of 7<sup>th</sup> Century, had composed not only one Hymn But 11 couplets. It is really an achievement in the field of Poetic World. Tamil

Literature has also poetry with Palindromic Numbers. The "ThiruEzhukootrirukkai" composed by many Tamil Poets 1) Thirugnana Sambandhar 2) Nakkirar 3) Arnagiri Naathar 4) Thiru Mangai Aalwar shows this Palindromic number Pattern. Arichalur Inscriptions of Erode shows Palindromic pattern in the field of Music, which belongs to 2<sup>nd</sup> Century. Raagas, Swara patterns are also coined in the Palindromic pattern in Music.

Keywords: Yathi, Chaplets, Maalai Maatru, Chitrakavi, Thiru Ezukootrirukkai, Seerkaazhi, Arichalur Inscriptions, Raagaas, Swaraas, Genetics

## **Introduction: Arts and Poetry**

There are 64 Arts mentioned in ancient Literature. Arts play an important role in promoting culture and progress in life. The fine arts appeal to the sense of beauty in us. They are music, poetry, painting, drawing, sculpture, and Architecture. Writing poetry or Composing a Composition is one of the fine arts. A poetry is a beautiful imagination of a poet. Its soulful words combine to form a wonderful work. The technical aspects of a poem are its Edugai - Repetition of Second Letter, Monai - Repetition of First Letter, Sandam- same sound syllables occurring in each word of the line or whole poem. Yamaham- same word is used in different meaning. Manipravaalam - employment of 2 or more languages. Yathi Pattern – adding or deleting phrases in a regular manner to give meaning, which gives beauty to the whole poem. They are the decorative aspects of the poem. These creative aspects are meant for entertainment and aesthetic appreciation. One such aspect is Palindrome. We rarely observe Palindromic Words, simple Palindromic sentences in other languages of the world. But Tamil is the only Language which has poem, poetry in Palindrome. In 7 th century Tamil literature, in Thirugnana Sambandhar's Thevaram, Palindrome is seen in multiple Lines. Palindrome is not only seen as one poem but in the form of a whole Padhigam that is 10 or 11 Hymns in total.

### **Palindrome**

The word Palindrome originally comes from the Greek language. It is made up of two words. The first word being Palin which translates to mean again. The second being Dromos translates to mean direction or way. The Palindrome when read Backwards will have the same pattern, layout, appearance, sound and meaning. For the use of Palindrome in English language, Ben Jonson was the first person who introduced the idea wayback in 17<sup>th</sup> Century. What is a Palindrome? A word or a line, verse, number, sentence etc., reading the same forward and backward. For example Madam, Malayalam, Racecar, in words and 11, 121, 131 etc., in numbers. Some Palindromic sentences are

- 1. Madam I'm Adam
- 2. Poor Dan is in a Droop.

## The varieties of palindrome

# 1. The word Unit Palindrome

The word Unit Palindrome is one where the word or Sentence is read backwards in term s of the words and letters. The words Noon, Civic,Radar, Level, are examples of words which falls into this category. There are also sentences which might be classified as a word Unit Palindrome such as "Fall Leaves after Leaves Fall", "Queen are you Happy You are Queen".

#### 2. One Line Palindrome

The One Line Palindrome is one in which a sentence is read backwards in terms of the letters-example "was it a car or a cat I saw"

#### 3. Number Palindrome

In this the Numbers can be read from either side. We will get the same number by reading it on both sides. The Palindromic Number is a number that is the number when written forward or backward gives the same number. For example 11, 33, 44, 101, 121, and so on.

### 4. Palindromic sequences

They are sequences made up of Nucleic Acids within double helix of DNA or RNA.

In Bio-Chemistry a region of DNA in which the sequence of Nucleotides is identical with an inverted sequence in the complementary strand GAATTC is a Palindrome of CTTAAG.

#### Palindrome in latin

### Sator arepo tenet opera rotas

This is the very first palindrome that was recorded and it is thought that it comes from around 70 AD. This is written in Latin whilst it is not entirely grammatically correct it is certainly for fun.

#### Palindrome in Tamil

In Tamil, a 7th century composer and poet Thiru Gnana Sambandhar had composed 11couplets (a Padhigam) which consists of 11 hymns of 2 lines each. The whole 11 couplets is in the form of Palindrome. It is an achievement in the field of poetic world. Composing one single line or song is very challenging. But our 7<sup>th</sup> century Tamil poet Sambandhar had composed 11 couplets in Palindromic effect.

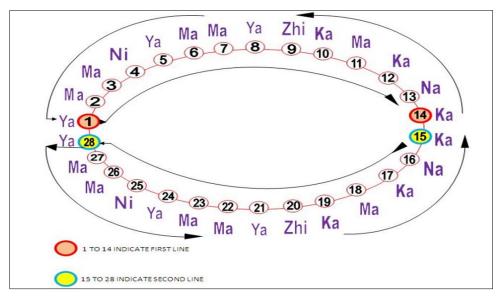


Fig 1: Structure of Palindrome

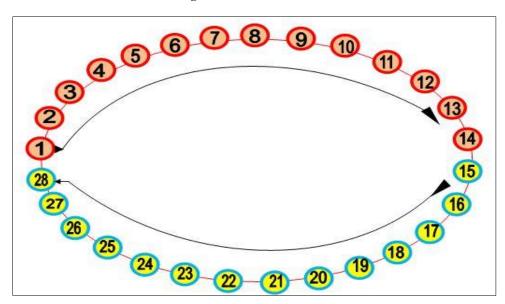


Fig 2: Chaplets

# The Palindromic hymn of Thirugnanasambandhar

- 1. YaMaMaNi YaMaMa YaZhiKaMa KaNaKa KaNaKaMa KaZhaYa MaMaYaNi MaMaYa
- YaKaYaZhi KaYaKa TaYaRaRa TaYaYa YaYaTa Ra RaYaTa KaYa KaZhi YaKaYa
- TaVa MuVa TaSaKa ZhiNaTaNi YaMaMa MaMaYaNi TaNaZhi KaSaTaVa MuVaTa
- 4. NiVaYaYa KaYaZhi KaVaVaNo VaRa Me MeRaVaNo VaVaKa ZhiYaKaYa YaVaNi
- 5. YaKaLaMe YaKaZhi YaMeTaVi TaYaVi ViYaTaVi

TaMeYa ZhiKaYaMe LaKaYa

- MeLePoKa MeTeZhi KaLaLeKa LaNaYe YeNaLaKa LeLaKa ZheTeMeKa PeLeMe
- NiYe MaNi YeYaMa TaVeZhiKa NiTaNe NeTaNiKa ZhiVeTa MaYaYeNi MaYaNi
- 8. NeNaVaRaViZha YaSaiZhiYe VeKadaLeRya LaUZhiKa . ....KaZhiULaAri LeDagaVe YeZhisaiYaZhavi RaVaNaNe
- KaLeMeLe KaNiKa ZhiKaLeMa LeMePu PuMeLeMa LeKaZhi KaaNiKeLe MeLeKa
- VeRiUMeNava KaZhiyoYe YenaiNiNemada LokaraTe TerakaLeDamaNe ninaiYeYe YozhiKaVana MeuriVe
- 11. Ne rakaZha mita YasazhiTa YenaniYenani LayuzhiKa KazhiuLanina YeninaYe TazhisaYatami zhakaraNe.

In this the Hymns 8, 10 & 11 has short vowels instead of long vowels.

These hymns were sung at Seerkaazhi the birth place of Sambandhar. It has 11 couplets. Each Couplet has 2 Lines. Each Line is constructed with 14 Letters. Except 8, 10, 11 all the couplets are coined with long vowels. In the rest instead of one long vowels 2 Short Vowels are used. It is really amazing that the whole Padhigam is in Palindrome. This padhigam shows Sambandhar's extraordinary power of composing.

The song is called "MAALAI MAATTRU". Maalai is garland (Chaplets). Chaplet is a string of beads for counting in Prayers. Normally it is worn around the neck. This will be in the form of a circle, a circular ornament. This circle of beads has no end, if we start from one place after counting we will be reaching the same place that is to the (Starting point) again.

In the Tamil Palindrome hymn of Thirugnana Sambandhar, the first song of this hymn is analysed. [For clear understanding each letters are numbered]

 $Ya^1~Ma^2~Ma^3~Ni^4~Ya^5~Ma^6~Ma^7~Ya^8~Zhi^9~Ka^{10}~Ma^{11}~Ka^{12}~Na^{13}~Ka^{14}$ 

 $Ka^{15}\,Na^{16}\,Ka^{17}\,Ma^{18}\,Ka^{19}\,Zhi^{20}\,Ya^{21}\,Ma^{22}\,Ma^{23}\,Ya^{24}\,Ni^{25}\,Ma^{26}\,Ma^{27}\,Ya^{28}$ 

Normally if we read from 1 to 28, (ascending order) we get the whole song. As it is a Palindromic Song even if we read from 28 to 1, (discending order) we get the same whole song. According to Sambandhar "MAALAI MAATRU" is one where A full circle is formed when counting from 1 to 28 and the same way in the reverse order i.e. 28 to 1. Hence Sambandhar has given the name MAALAI MAATRU".

The first palindromic song of Sambandar is constructed with 14 letters. From the below sum and figure we can view the palindromic pattern of the song. The numbers 1-14 form the first line. The numbers 14-1 form the second line

# First line (1-14)

Ya Ma Ma Ni Ya Ma Ma Ya Zhi Ka 1 2 3 4 5 6 7 8 9 10 Ma Ka Na Ka 11 12 13 14

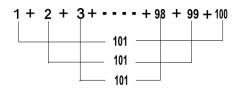
# Second line (14-1) reverse order of the above first line

Ka Na Ka Ma Ka Zhi Ya Ma Ma Ya Ni 14 13 12 11 10 9 8 7 6 5 4 Ma Ma Ya 3 2 1

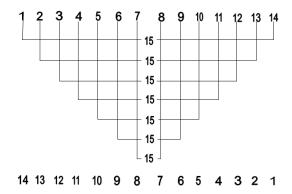
It is interesting to note that there is another Palindromic pattern is seen inside the above Palindromic song i.e. the reverse order of first line becomes the second Line

# According to one maths fact

"If you add up all the numbers between 1 to 100 consecutively then the total that you will reach is 5050"



The same fact is followed below to get 15 as a total for 1 to 14 numbers.



The fact used in the above is  $\mathbf{n+1-n} = \mathbf{E}\mathbf{x}$  pected number

n + 1 - n = Expected number

14+1=15-14=1

13+2=15-13=2

12+3=15-12=3

11+4=15-11 = 4

10+5=15-10=5

9+6=15-9=6

8+7=15-8=7

7+8=15-7=8

6+9=15-6=9

5+10=15-5=10

4+11=15-4=11

3+12=15-3=122+13=15-2=13

1+14=15-1 = 14

So we can come to a conclusion that the reverse order of the letters in the 1<sup>st</sup> line becomes the 2<sup>nd</sup> line. This is perfectly in a mathematical calculation. Sambandar of 7<sup>th</sup> century is the only person in the Tamil poetic filed to compose this type of songs He has composed not only one song but 11 songs in form of couplets which is also a Palindromic Number.

# **Number palindromes**

Tamil Literature has also poems with Palondromic Numbers. With this number inside the Poem conveys a figure or diagram or Art. So it is called Chitra Kavi (Chitram is Art). A Palindromic Number is a number that is the same when written Forwards or Backwards. Some Palindromic Numbers are 11, 22, 33, 44, 101, 111, 121 etc.

In Tamil there is a poetic format called Thiru Ezhukootrirukkai which shows Palindromic Numbers from 1(one) to 7(seven) constructed in increasing and Decreasing Order to form pallindromic number paterns. This Palindromic Numbers are observed in Thiru Ezhukootrirukkai of Tamil Literature. This numbers can be read from right to left or left to right makes the same.

This Thiru Ezhukootrirukkai is composed by many poets like Thirugnana Sambandhar, Nakkirar, ArunagiriNadhar, and Thirumangai Aalwar. But Thirugnana Sambandhar is the first person to compose in this format who belongs to 7<sup>th</sup> Century.

# Palindromic numbers in Thirugnana Sambandhar's hymn

Sambandhar composed this Thiru Ezhukootrirukkai with 47 lines. In this we observe 6 rows of Palindromic number. This hymn praises Lord Shiva of Seerkaazhi.

The song starts as follows

**Ooru** vaayinai maa naangaarath Th**eeriy**al baayoru vin**mudal** boodhalam **One**driya **Iru**sudar Umbarkal Piravum

In the above song the numbers one, two are constructed as Oru, Ondru, mudal and Iru in Tamil words.

21	12
321	123
4321	1234
54321	12345
654321	123456
7654321	1234567

First Row - 21 12 is a palindromic number
Second Row 321 123
Third Row 4321 1234
Fourth Row 54321 12345
Fifth Row 654321 123456
Sixth Row 7654321 1234567

Like this All six rows shows palindromic numbers which can be read in both ways.

# Palindromic numbers in Nakkirar's poem

Nakkirar composed Thiru Ezhukootrirukkai in 55 lines. This praises Lord Shiva of Madurai. In this we Observe 7 rows of Palindromic Numbers.

The song starts as follows.

Orudambu Eiriru Aayinai onedrupurinth Thonri Neerithal Konrai Soodinai Moovilaich Choolam yendrinai Sudarunj chenni Mimisai Irukote torumathi

The Palindromic patterns of Nakrirar

1 -2 1				
12321				
1 2 3 4 3 2 1				
123454321				
12345654321				
1234567654321				
$1\; 2\; 3\; 4\; 5\; 6\; 7\; 6\; 5\; 4\; 3\; 2\; 1$				

 First Row
 1-2-1

 Second Row
 12 3 2 1

 Third Row
 12 3 4 3 2 1

 Fourth Row
 12 3 4 5 4 3 2 1

 Fifth Row
 12 3 4 5 6 5 4 3 2 1

 Sixth Row
 12 3 4 5 6 7 65 4 3 2 1

 Seventh Row
 12 3 4 5 6 7 6 5 4 3 2 1. Last two rows are repeated

All rows shows palindromic numbers which can be read in both ways.

#### Palindromic numbers in Arunagiri Nadhar's poem

Arunagirinadhar composed Thiru Ezhukootrirukkai in 29 lines. This praises Lord Muruga of Thiru Eragam. In this we observe 6 rows of Palindromic Numbers.

This Song starts as follows.

Oreuru vakiya thaarahap piramath thoruvahaith thottrath thirumara peythi onedraa yonri yiruvarir thoonri mooyaa thaayinai

### Palindromic pattern of Arunagirinathar

1 121 12321 1234321 123454321 12345654321 1234567654321

#### Palindromic numbers in the above structure

First Row	1 2 1	
Second Row	1 2 3 2 1	
Third Row	1 2 3 4 3 2 1	
Fourth Row	123454321	
Fifth Row	12345654321	
Sixth Row .	1234567654321	

All six rows shows palindromic numbers which can be read in both ways.

# Palindromic patterns in Thirumangai Alwar's Thiruezhukootrirukkai

Thirumangai Alwar composed ThiruEzhukootrirukkai in 46 lines. This songs are in praise of Lord Vishnu. In this hymn we observe 6 Rows of Palindromic numbers. These numbers can be read on either side. We will get the same number while reading from left to right or right to left.

This starts as follows.

Oru Perunidhi Irumalar thavisil 1-2-1 Oru murai ayanai Yeendranai Orumurai Iru sudar meedhini liyangaa mummadhi ilangai irukaal valaiya oru silai 1-2-3-2-1

```
1 2 1
1 2 3 2 1
1 2 3 4 3 2 1
1 2 3 4 5 4 3 2 1
1 2 3 4 5 6 5 4 3 2 1
1 2 3 4 5 6 7 6 5 4 3 2 1
```

The Palindromic Numbers seen in the above structures are 121, 12321, 1234321, 123454321, 12345654321, 1234567654321.

All six rows shows palindromic numbers which can be read in both ways.

# Palindrome in inscriptions

Jathis are the words or letters used in dance and in turn they are played in percussion instruments. Arichalur is a place

seen in Northern Tamilnadu (In Kongu district). Now it is in Erode district. At Arichalur there is a natural cave called "Paandiyar Kuzhi "in Aandippaarai of Nagamalai. On the floor of the cave there are three Tamil Inscriptions. They are in combination of "Vattaezhuththu and Brahmi". Archiological department says that the Inscriptions belongs to 4<sup>th</sup> century. Whereas Dr. AN.Perumal in his book"Tamilar Issai Varalaaru "confirms and reiterates that it belongs to 2<sup>nd</sup> century. (Tamilar Issai Book page no 343).

The Inscription has three parts.

First part of Inscription. 29-2

Ta	Tai	Taa	Tai	Ta
Tai	Taa	Te	Taa	Tai
Taa	Te	Tai	Te	Taa
Tai	Taa	Te	Taa	Tai
Ta	Tai	Taa	Tai	Ta

The above table said is a Jathi Patterns or Sollukattu used in Percussion instruments. They are constructed in such a way like a square. They can be read from left to right, right to left, top to bottom, or bottom to top to form a Palindromic Pattern. In all the ways it depicts the same.

Second part of the Inscription. 29-3

Tai	Ta	Tai	Ta	Tai
Ta	Tai	Ta	Tai	Ta
Tai	Ta	Tai	Ta	Tai
Ta	Tai	Ta	Tai	Ta
Tai	Ta	Tai	Ta	Tai

This Inscription also depicts Palindromic Pattern. They can be read from left to right, right to left, top to bottom, or bottom to top to form a Palindromic Pattern. In all the ways it depicts the same.





Fig 3: Inscription of Arichalur

# Palindrome in Karnatic music

**Palindromic Swaraas:** Palindromic Swaraas are seen in Abyasa Gaana (Musical forms for Training) in Karnatic music. They are seen Sarali Varisai, Janta Varisai and Alankaaram and so on. All these lines can be read from left to right or both ways forms the same.

- 1. **First Sarali** SRGMPDNSSNDPMGRS
- 2. First Janta Varisai SS RR GG MM PP DD NN SS SS NN DD PP MM GG RR SS
- 3. Eka Thaala Alankaaram (Chatusra Jati) SRGM RGMP GMPD MPDN PDNS SNDP NDPM DPMG PMGR MGRS
- 4. Thisra Jati Eka Taalam SRG RGM GMP MPD PDN DNS SND NDP DPM PMG MGR GRS
- 5. **Agatha, Prathiagatha Gamaka Swaraas** SR RG GM MP PD DN NS SN ND DP PM MG GR RS

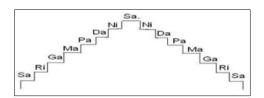


Fig 4: Arohanam



Fig 5: Avarohanam

# Palindrome in Ragaas

All the 72 Melakartha Ragaas are in Palindromic paterns. They have the same Swaraas of Arohana and Avarohana. All 72 mela ragaas acquire the same pattern of swaraas both in Arohana and Avarohana.

# Example

- 1. Kanahaangi S R1 G0 M1 P D1 N0 S S N0 D1 P M1 G0 R1 S
- 2. HanumaThodi S R1 G1 M1 P D1 N1 S S N1 D1 P M1 G1 R1 S
- 3. Mayaa Malava Gowlai S R1 G2 M1 P D1 N2 S S N2 D1 P M1 G2 R1 S
- 4. Kalyaani S1 R2 G2 M2 P D2 N2 S S N2 D2 P M2 G2 R2 S

#### Palindrome in genetics

A gene is the basic physical and functional unit of heredity and a sequence of Nucleotides in DNA. DNA is de-oxy Ribo Nucleic acid. The information in DNA is stored as a code made up of four chemical bases.

- 1. Adenine (A)
- 2. Guanine (G)
- 3. Cytosine (C)
- 4. Thymine (T)

These above Nucleobases in the Nuclic acid of DNA are represented by the letters G-C-A-T. DNA is a double helix structure which means that these are two strands of DNA. These are the Palindromic sequences made up of Nucleic acid within double helix of DNA. In genetics a region of DNA in which the sequence of Nuclotides are identical with an inverted sequence in the complimentary strand. GAATTC is a Palindrome of CTTAAG.

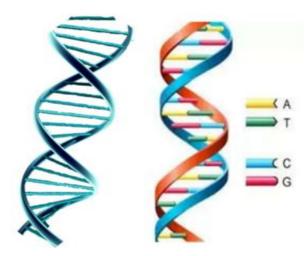


Fig 6: Structure of DNA

#### Conclusion

Palindromes shows the extra-ordinary Brilliance of the Poet and it also shows his new Creative skill and intelligent work in the poetic world. One of the main reason that Palindromes are used in written works is because they give the author a chance to make a more creative piece of writing which is also much more entertaining to read. The Palindromes may also be used in written works to play the part of a Brain teaser Exercise, both for the author and for the reader. The brilliant architectural nature of the Palindrmic song is amazing which adds a colourful feather to the crown of Thirugnana Sambandar, a great Tamil poet, musician of 7<sup>th</sup> century.Till now we are not able to find this type of poem or song in any language in this world.

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